COLEMAN HALL

ALUMNI NEWSLETTER

Department of Occupational Therapy

School of Health and Rehabilitation Sciences
Indiana University at IUPUI

Vol. 14 Number 1                              Fall 2013
Hello Fellow IU OT/OTA Alumni.

I hope it has been a productive and enjoyable year. I am excited to share some of the activities that have happened here at your alma mater since last year’s Alumni Newsletter. Before I share the happenings, I need to acknowledge the commitment and dedication of Carol Nathan and Cel Hamant. Without them, this Newsletter would not be published as regularly as it has been. They deserve recognition. It is through their efforts this newsletter happens annually. THANK YOU CEL and CAROL!!

Let’s get started:

Students: The IU OT Program continues to attract the best and brightest students. These young women and men, along with the OT Faculty, have engaged in the Indianapolis community, volunteering hours every month to various service groups e.g. SCI Hope Fund, Special Olympics, Department of Corrections, Burmese Refugee Program, Center for Young Children, Adopt a Family, and Gleaner Food Bank, just to mention some. Other service is discussed in this newsletter.

The Class of 2015 matriculated into the graduate program on Monday, June 17 (Summer II). We admitted 29 females and 7 males. They come to us from IN, OH, IL and NE. Like other cohorts, their undergraduate degrees are in Exercise Science, Education, Psychology, Biology, etc. They come from 17 different colleges/universities from around the country. The majority are from the IU System (12) or Purdue University (7). We had fifteen students attend the AOTA Conference in San Diego, gaining professional development. The department was able to help defray some of the cost for attendance, using the Horizon Fund. Alumni are welcome to donate to this IU Foundation Fund or the Research & Professional Development Fund to support professional development. (See Money Matters section in this Newsletter)

Faculty: The Department of OT Faculty continues contributing to the discipline of occupational therapy, occupational science and rehabilitation science. Five of us presented at the AOTA Conference in San Diego, three at the state conference and two at other professional meetings (Gerontological Society of America and American Congress of Rehabilitation Medicine). Three of the presentations at AOTA were with our students. We are truly socializing them into the profession. That way, they will consider presenting later in their careers.

Dr. Kuo received a competitive and peer-reviewed national award, AOTF Award for Community Volunteerism, during the AOTA Conference. In addition, she received the IU School of Health & Rehabilitation Sciences 2013 Service Excellence Award. Dr. Crabtree is revising and planning the Doctor of Occupational Therapy -Advanced OTD program proposal. Any occupational therapist with a master’s degree interested in receiving information about the OTD should contact him at jlcrabtr@iupui.edu.
We did have to say “see you later” to Dr. Arlene Schmid after eight years with the department. She, her husband and dogs headed west in July for Ft. Collins, CO. She will be sorely missed but was ready for a change in her personal and professional life. She wanted mountains, kayaking and skiing, which we don’t have in Indiana. She accepted a faculty appointment with Colorado State University. There, as an Associate Professor of Occupational Therapy, she will continue her research using therapeutic yoga as an intervention to promote flexibility, balance and spirituality, while preventing falls with those who have had strokes. She will also teach in the entry-level OT program. We wish her the best! And, we can’t wait to see her at the next Alumni gathering in Baltimore in 2014 (AOTA Conference), where current and former faculty join us.

Alumni: Some of our alumni are due special recognition. Leora Comis, MPH, OTR/L (Class of 1978) was inducted into the Roster of Fellows. She may now use the credential “FAOTA” after her name. She works at the National Institute of Health (NIH) engaged in applied research. Leora is pictured here with outgoing AOTA president, Florence Clark.

Jackie Chamberlin, MA, OTR, FAOTA (Class of 1964), who retired three years ago from the University of Findley, and after a long career as a pediatric OT, is recognized for donating the second edition of Willard and Spackman to the program. This gives us a complete set of all 12 editions of this foundational textbook in occupational therapy. THANK YOU JACKIE!

The program was honored when Dr. Patricia Laurencelle, PhD, OTR, FAOTA, the Founding Director of the OT Program at Indiana University presented the inaugural lecture of the Cel Hamant Lecture Series. The title was Philosopher’s Stone: Occupational Therapy A Long Perspective. During her lecture, she walked the audience through the challenges and opportunities she had with initiating the professional occupational therapy program in 1957 through the IU School of Medicine. She discussed that era and how occupational therapy was one of the first health professions offered. She shared that six months later physical therapy was brought on board and Ms. Frances Eckstam was appointed as program director of physical therapy.

She continued the lecture challenging us with being client centered, occupation-focused and evidence-based. Dr. Laurencelle valued her time at IU (1957-1962). She left IU to work on her doctorate and became an Associate Dean at the Fineberg School of Medicine at Northwestern University where she retired in 1984. At 90 years young, she values her years practicing and teaching occupational therapy students. She is so committed to IU OT, she decided to develop an endowed award for an OT graduate with the best paper discussing how theory is applied to clinical practice. It will be presented in the Spring of 2014. Alumni are welcome to donate to this award. (See Money Matters in this Newsletter).

Finally, I want to thank all those who contributed to the Anita Slominski, OTR, FAOTA Fellowship. The department plans to use this fund to assist in providing support to occupational therapists pursuing the PhD in Health & Rehabilitation Sciences or the Doctorate in Occupational Therapy. We know this is what Anita would have wanted for her legacy – to have occupational therapists pursuing doctorates and contributing to the profession she so loved for almost 60 years.

So, as you can see, there is never a dull moment. Working in a Community of Scholars like the IU Department of Occupational Therapy is most satisfying! Until the next time, GO HOOSIERS!
SAVE THE DATE: The Second Hamant Lecture will take place on **Friday April 25, 2014, 8am-12noon**, here on campus at the Riley Outpatient Center-Lilly Auditorium. This is a free Continuing Education Event. Gayle Hersch, PhD, OTR, FAOTA, Nancy Lamport, MS, OTR and Peg Coffey, MS, COTA will be the scholars sharing their perspective on *Activity Analysis and Creativity in Occupational Therapy*. Stay tuned for more! Later in the afternoon, the graduating Class of 2014 will present their research.

**ALUMNAE LEADERS**

**Gerry E. Conti**, Ph.D., OTR, FAOTA received a BS in Occupational Therapy (OT) from Indiana University in 1973, an MS in OT from Eastern Michigan University in 1992, and a Ph.D. in Kinesiology from the University of Michigan in 2007. After working for five years in CA, Dr. Conti moved to Ann Arbor, MI in 1979, as Manager of OT at St. Joseph Mercy Hospital. In 1994, she began teaching full-time at Eastern Michigan University until 2001. In 2002, she joined the Department of Occupational Therapy at Wayne State University in Detroit. Dr. Conti teaches in both the OT and the Engineering departments, primarily courses related to Motor Control and Research, including graduate theses and dissertations. Gerry has been principal or co-principal investigator on ten supported research projects. She has authored or co-authored nine peer-reviewed articles, written seven book chapters, and published or co-published thirteen abstracts in peer-reviewed journals. Dr. Conti has given thirty-five refereed or invited presentations at the local, state, national, and international levels on a number of topics, especially motor control, hemiplegia, and handwriting. She also serves her profession of OT at the national, state, and local levels, plus gives extensive service to her department and university. Dr. Conti is an Assistant Professor and Director of the Human Movement Laboratory at Wayne State University. Email: gconti@wayne.edu

**Lisa A. Wicks**, MHS, OTR received a BS in Occupational Therapy from Indiana University in 1998 and an MHS from the University of Indianapolis in 2008. She first worked in industrial rehab, then re-established the OT Department at White County Memorial Hospital, which had been closed for many years, both in Monticello, IN. Wicks worked for Cardinal Health Strategies in Muncie, IN, then joined US Healthworks in Indianapolis in 2002, as a certified ergonomic assessment specialist. She added Southside Special Services in 2005 as an assistive technology coordinator and special education leadership team member. She continues in both of these positions at present. From 1999 to 2006, Lisa was also an independent First Steps provider. Lisa has been especially active in the Indiana OT Association serving as Central District Chair, Treasurer and President Elect. She is currently President of the Indiana OT Association.

**APPLAUSE, APPLAUSE**

AOTA Roster of Fellows- 2013
Leora Comis ’78
Exemplary Leadership in Research and Professional Education

AOTA Recognition of Achievement Award
Denise Donica ’99
Outstanding Contributions in Handwriting Research and Education

AOTA Retired Educators Award
Gretchen Stone ’70

2013 AOTA Service Commendations
Denise Donica ’99
Thomas Fisher ’77
Fengyi Kuo (Faculty at IU)
Lindsey Lawrence ’86
Arlene Schmid (Former faculty at IU)

AOTF Award for Community Volunteerism
Fengyi Kuo (Faculty at IU)

AOTA Conference Contributors
Alumni
Rebecca Barton, ’80 (Presenter, Poster)
Leora Comis, ’78 (Contributing Author)
Gerry Conti, ’73 (Poster)
Denise Donica, ’99 (Poster)
Thomas Laster, ’78 (Poster)
Jane Painter, ’78 (Poster)
Bhanu Raghaven, ’87 (Presenter)
Gretchen Stone, ’70 (Contributing Author, Research Paper)
Faculty
Jeffrey Crabtree (Poster)
Thomas Fisher (Presenter, Future of OT Education)
Sharon Pape (Poster) (with students)
Patricia Scott (Poster) (with students)

IU School of Health and Rehabilitation

Science Awards
Fengyi Kuo - 2012 Excellence in Service
Sharon Pape - 2012 Excellence in Teaching
William M. Plater Civic Engagement Medallion
Rachel McFadden ‘13
Kelly VanKoeverying ‘13

Sothmann Dean’s Leadership Award
Julie Kurrasch ‘13

Fellowships
American OT Foundation
Fallon Shively ‘13

Carol D Nathan Fellowship
Alyssa Bruck ‘14

SHRS OT Fellowship
Matthew O’Connor ‘14

Katherine Belzer Fellowships – 2013
Alyssa Bruck
Jessie Halle
Samantha Kolakowsk
Matthew O’Connor
Irene Robinson
Elisabeth Short

Acknowledgements
Mary Corcoran ’77
“Cognition, Cognitive Rehabilitation, and Occupational Performance” (2012)

Elaine Fess ’67
Has taught part-time or full-time for the Dept. of OT, SHRS for 40 years.

Lindsey Hewitt Weaver ’09
Serves on the IU SHRS Alumni Board and now (June 2013) on the Executive Council of the IU Alumni Association (IUAA).

Research/Scholarship Initiatives
Jeffrey L. Crabtree - MS, OTD, FAOTA
Associate Professor
Dr. Jeffery Crabtree is the director of the Community Mobility and Participation in Society (COMPASS) Lab, the mission of which is to improve community mobility (in particular, public transportation) and participation in society of older adults and those with chronic health conditions. Their most recent activity was to apply for a $2.375 million National Institute on Disability and Rehabilitation Research (NIDRR) grant. If (when) they receive the money, they will collaborate with researchers from the University of Wisconsin, Milwaukee; Carnegie Mellon University;
University at Buffalo, SUNY; and Easter Seals to develop a suite of four computer data collection and analysis web-based and mobile responsive software called TransFACT Enhanced Transportation Assessments (TransFACT ETA). The COMPASS Lab could hear whether they received funding by the end of September.

**Thomas Fisher - PhD, OTR, CCM FAOTA**
**Professor & Department Chair**
Dr. Thomas Fisher’s scholarship continues to focus on two areas: neurological and musculoskeletal issues related to work performance of adults, and professional issues in occupational therapy. He is a co-investigator on two grants. He continues to be invited to (1) consult with professional and post-professional occupational therapy programs throughout the country, (2) serve as an author for chapters of textbooks used in professional OT education, (3) reviews manuscripts of professional journals and research submissions for AOTA conference. He is serving a second term on the Indiana Brain Injury Leadership Board.

**Michael Justiss - PhD, OTR**
**Associate Professor**
Dr. Michael D. Justiss recently published an article: Justiss, M.D. (2013) Driving and Community Mobility: A Systematic Review of Effective Interventions for Older Adults with Low Vision. *American Journal of Occupational Therapy.* 67: 296-302. He continues his role as the Associate Director for the Transportation Active Safety Institute’s (TASI) Driving Simulator Laboratory located in the Purdue School of Engineering and Technology. As Director of the Driving Safety and Rehabilitation Research Laboratory (DSSRL), he recently acquired a Dynavision 2000 (visual skills trainer) and a STISIM High Fidelity Driving Simulator to aid in his research. These donations were acquired through Easter Seals Crossroad and TASI respectively. These equipment acquisitions will provide a valuable educational opportunity for the MS in OT program.

**Fengyi Kuo - DHS, OTR, CPRP**
**Clinical Assistant Professor**
Dr. Fengyi Kuo, DHS, OTR, CPRP, OT faculty member and Occupational Therapy Discipline Coordinator at the Riley Child Development Center (IN LEND), was awarded the AOTF Award for Community Volunteerism at the 2013 AOTA National Conference held in San Diego, CA. Since 2008, Dr. Kuo has been actively involved in the Burmese refugee community in Indianapolis, the largest in the United States. Because of her involvement and contributions as an occupational therapist, she was invited to join the Burmese Community Center for Education (BCCE) and Burmese American Community Institute (BACI) to lead their programming in support of Burmese refugees’ access to health care and their transition to American life. Dr. Kuo launched the Upward College Program that assists Burmese high school students to overcome their language barrier and culture shock as they prepare for higher education or employment. Dr. Kuo also started the first health and human services fair for the refugee community, that conducts developmental screenings for Burmese children. Through Dr. Kuo’s contributions, BACI has served more than 500 Burmese refugees. Her volunteerism has allowed for occupational therapy to be recognized as a professional discipline helping this underserved population to become self-sufficient. Additionally, she has represented her profession to congressional offices, international organizations, and the United Nations in New York, citing human rights violations in Asia.

**Chiung-ju Liu - PhD, OTR**
**Assistant Professor**
Dr. Chiung-ju Liu has received pilot funding from the Indiana University Center for Aging Research in January 2013 to test an innovative exercise-based intervention, plus activities of daily living training to maintain independence at home for vulnerable older adults. The study has potential to contribute to the knowledge of community-based occupational therapy to support aging-in-place. Additionally, Dr. Liu had two peer-reviewed publications in 1) *Physical and Occupational Therapy in Geriatrics* (Article title: Patient education and gerontic occupational therapy: Perceptions, barriers, and needs) and 2) *American Journal of Occupational Therapy* (Article title: A systematic review of the effectiveness of interventions within the scope of occupational therapy on daily activities at home for older adults with low vision) this year. Her publication in the *American Journal of Occupational Therapy* was featured in the *OT Practice* magazine in June, 2013.

**Patricia Scott - PhD, MPH, OT, FAOTA**
**Associate Professor**
Dr. Patricia Scott has continued involvement as a founding member of The International Alliance for Participation (IRAP). This group was formed at the Institute for the Model of Human Occupation in Stockholm, Sweden in October 2012. It is comprised of therapists from Norway, Japan, UK, USA, Switzerland and Sweden. Most recently, they met at the Zurich Institute in Winterthur, Switzerland, where...
they finalized their purpose and mission: To establish the Role Checklist Version 2: Quality of Performance (RC V2: QP) as a valid cross-cultural measure of participation. Laying the groundwork, four research students, under the supervision of Dr. Scott, completed the test-re-test reliability on the RC V2: QP and their work is accepted for publication in the British Journal of Occupational Therapy.

**POST-PROFESSIONAL OT DOCTORATE (OTD) STATUS REPORT**

The post professional OTD proposal is slowly moving through the IU system. After being approved at the Department and School levels, the proposal was reviewed by the Graduate Affairs Committee (GAC) August 27th. The GAC asked that we compare the number of credits being offered, the budget, and the use of adjunct faculty to peer programs and institutions. We will respond at their next meeting, and if successful, the proposal will then go to the IU Office of University Regional Affairs, Planning, and Policy; then the IU Board of Trustees; and finally, to the Indiana Commission on Higher Education (ICHE) for approval.

**STUDENT RESEARCH/SCHOLARSHIP**

In the afternoon, following Dr. Pat Laurencelle’s lecture, on April 19, 2013, the MS in OT Class of 2013 gave their research proposal presentations. Topics, advisors, and students are listed below:

<table>
<thead>
<tr>
<th>Topic</th>
<th>Advisor</th>
<th>Students</th>
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<tbody>
<tr>
<td>Myers Briggs Type Indicator (MBTI) Personality Type and Job</td>
<td>Dr. Scott</td>
<td>O. Lockhart, Shively, Threlkeld-Berkopes</td>
</tr>
<tr>
<td>Satisfaction within AOTA Practice Areas</td>
<td>Dr. Kuo</td>
<td>Ewing, Gossett, Holland, VanKoevering</td>
</tr>
<tr>
<td>Life Skills Training Curriculum for Adolescent Burmese Refugees</td>
<td>Dr. Justiss</td>
<td>Barrick, Bavender, Pokorney, Smith</td>
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<td>Resettled in Central Indiana</td>
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<tr>
<td>The Relationship Between Cognition and ADL Task Performance</td>
<td>Dr. Fisher</td>
<td>Cook, DeJulio, Gavrilovic, Kurrasch</td>
</tr>
<tr>
<td>Leadership and Occupational Therapy</td>
<td>Dr. Crabtree</td>
<td>Downend, Jacobs, Lambert, Ritthaler</td>
</tr>
<tr>
<td>Ethics or whatever: A naturalistic inquiry into occupational therapists’ ethical dilemmas</td>
<td>Dr. Crabtree</td>
<td>Copeskey, Kappes, L. Lockhart, Sullivan</td>
</tr>
<tr>
<td>The Role Checklist V2:QP Validation of Electronic Administration and Part III Reliability</td>
<td>Dr. Scott</td>
<td>McFadden, McSoley, Baker, Yates</td>
</tr>
<tr>
<td>Intra-rater and inter-rater reliability of the TransFACT: A measure of cognitive, physical and sensory transit skills</td>
<td>Dr. Crabtree</td>
<td>Safdar, Walton-Thoeming, Shiroy, Davis</td>
</tr>
<tr>
<td>Developing an educational fall prevention for older adults</td>
<td>Dr. Liu</td>
<td>Maguire, DeBaun, Gilles, Mueller</td>
</tr>
<tr>
<td>Yoga as a complement to inpatient rehabilitation: patients’ perceived impacts</td>
<td>Dr. Schmid</td>
<td></td>
</tr>
</tbody>
</table>

1964

**Judy Ruth Kimmel:**

1536 S.W. 24th Street, Topeka, KS 66611

Judy retired in 2005 from Stormont Vail Healthcare, Topeka, KS, after working for 40 years. Arthritis has resulted in her being homebound but she enjoys cartooning, designing note cards, reading and working on doll houses. She earned a Masters in OT from Texas Woman’s University, worked in pediatrics, taught at the University of Kansas and ended her career as part of an assessment team on a Senior Diagnostic Unit in a large metropolitan hospital. Retirement is good!

1970

**Susan G Hood:** 62713 Mt. Thielsen Drive, Bend, OR 97701, tcsghood@gmail.com
Susan has retired/"retooled" and is loving life in Central Oregon with grandmothering, hiking, skiing, and painting!

1971
Denis R. Skowronski: 1007 Glendale Drive, Batavia, OH 45103
After working in Rehab, Psych, Sheltered Shops, Home Health, and roaming the country from Cincinnati to San Francisco to Prescott, Arizona, Denis finally settled back in Cincinnati. He has been married 25 years to another O.T., has become an avid art collector and is very involved in animal rescue. Denis has worked 41 years as an O.T., the last 25 exclusively in home health, now working for Home Health Network and Trustaff, both in Cincinnati, Ohio.

1975
Denise Dian (Ferguson) Buonanno:
3925 Abbotsford Drive, Westfield, IN 46074
Denise has retired from Noble School. She is going on 35 years of marriage. Active in Our Lady of Mt. Carmel Catholic Church, she enjoys reading and traveling. Busy with children and grandchildren, she went to the Holy Land in February, 2013. Would love to hear from COTA classmates.

1978
Diane Marie (Stegner) Ludlow: 7254 Queen Victoria Court- A, Indianapolis, IN 46227
DianeLudlow@rocketmail.com
Married 22 years, travel a lot, love to scrapbook, plan activities with church (on Worship Planning Committee), and make jewelry. Working on her autobiography.

1992
Martina G. Allen: 15234 South 17th Avenue, Phoenix, AZ 85045, martinagallen@cs.com
After 4 years of adjunct teaching, Dr. Allen received an academic appointment as assistant professor in the OT Program at the Arizona School of Health Services at A.T. Still University.

1997
Kerry (Knowles) Culpepper: 14747 North Northsight Boulevard, Suite #111-136, Scottsdale, AZ 85260, momentummil@aol.com
Kerry is expanding her skills in the field of Natural Wellness, working with Mr. Mahendra Trivedi and his organization, as a Natural Wellness Consultant. The website is www.TrivediMasterWellness.com. She is thrilled and grateful for this exciting journey!

Heather McCammon (McDaniel):
2602 S. Fourth Street, Effingham, IL 62401, heatherdawnmdaniel@yahoo.com
Heather is in charge of the Work Capacity Program at Biomax Rehabilitation. She has two sons: Brady(5) and Ian (2).

1999
Jasmine (Griesmeyer) Lee: 4963 E 200 Street, Greenfield, IN 46140
Nicole Renee (Hussain) Scheiman: Nicole accepted the Directorship of Rehab and Wellness at Florida Hospital Deland. She also volunteered with NBCOT Practice Analysis, attended the AOTA Leadership Development Program, and continues to volunteer with ACOTE. She will complete her first on-site visit in 2013. She teaches at Daytona State College and Adventist University and also teaches CEU courses. Nicole completed her master's degree in 2010 and has started her doctorate.

2009
Katie (Watts) Demitroulas:
2403 Boca Raton Drive, Valparaiso, IN 46383, Katie.watts8@gmail.com  Katie is a pediatric occupational therapist at the Kidworks, LLC in Chesterton, IN

MONEY MATTERS

Many of you have given to your alma mater, and others may be considering it. Your generous contributions are greatly appreciated. One way of making a donation is by giving to the various accounts below.

All donations are welcome, large and small. Here are the accounts with descriptions:

P37P035033- Carol Duke Nathan Fellowship
Funding for scholarships for OT students to honor a former Chair of the Department of OT (1968-81, 83-84) who later became an Associate Dean of the Faculties on the IUPUI campus.

38P0350508- OT Clinical Fieldwork
Initiated by Anita Slominski, this fund is for fieldwork related activities deemed important by the Department Academic Fieldwork Coordinator and the Chair. One function of this account is to enable faculty to develop and supervise Fieldwork experiences at emerging areas of practice, during the
summer when they are “off” from their ten month contracts.

137P035019- Horizon Fund
Funding to support student learning, faculty development, and other activities to benefit all IU OT students. A record number of 57 OT students attended state, regional, and/or national conferences during the 2012-2013 school year!

P37P035100- OT Faculty Development and Research Fund
Income from this fund is used to support occupational therapy faculty development, research, and the Cel Hamant Lecture Series (Cel served as Chair of the Department of Occupational Therapy from 1984-2004).

032P035051- IU Student Outreach Clinic-OT
The mission of the Student Outreach Clinic is to provide medically underserved and uninsured populations within Indiana communities with access to medical care, preventative screenings, and chronic disease prevention education. The clinic provides OT students the opportunity to expand their clinical decision-making skills, explore issues related to medical administration, and better understand community resources available to patients. Funding from this account will be used to cover general operating expenses.

P37P035217- Dr. Patricia Laurencelle OT Theory Award
Income from this fund will be used to support an annual award to a graduating OT student who formulates a well-written paper of distinction conceptualizing a solid understanding of current OT theory and practice. (Pat Laurencelle served as the founding Chair of the OT Program from 1958-1962).

P37P035167- Veterans’ Wellness Fund
Income from this fund is used to support free programs for U.S. Veterans who need post-rehabilitation activity to sustain wellness and promote independent recovery (i.e. therapeutic yoga for veterans with stroke, a weekly aquatics program).

- Make your check payable to: IU Foundation/SHRS (School of Health and Rehabilitation Sciences)
- Put the account name and/or number on the “for” line (bottom left of check)
- Send check to: IU Foundation, PO Box 500, Bloomington, IN 47402

COMMUNITY SERVICE

OCCUPATIONAL THERAPY SERVICES ARE NOW INCLUDED AT INDIANA UNIVERSITY STUDENT OUTREACH CLINIC

Learning that promotes interprofessional development

Service to meet the needs of the community

The IU Department of Occupational Therapy is proud to announce the inclusion of occupational therapy services at the Indiana University Student Outreach Clinic. Initiated in 2009, and sponsored by the IU School of Medicine, Office of Medical Service-Learning, the IU - Student Outreach Clinic (IU-SOC) provides primary care medical services free of charge for the uninsured and underserved in our community. Through a partnership with Neighborhood Fellowship Church on the near east side of Indianapolis, the clinic is open every Saturday from 10 am – 2 pm throughout the year.

Members of the IU Student Occupational Therapy Association (IU – SOTA) will volunteer at the clinic on a monthly basis. All student-provided services will be supervised by volunteer full time faculty. The Indiana University Student Outreach Clinic (IU-SOC) is one of the largest collaborative service learning programs in the State of Indiana. Since its inception, IU-SOC has developed into an interdisciplinary health provider and currently offers Pharmacy, Legal, Social Work, Dental and Physical Therapy services.

IU OT Class of 2014 SOC Co-chairs: (L to R): Jana Jordan, Priscilla Hung, Brittany Vanbastelaer and Matt O’Connor

The variety of health professional students provides a superb atmosphere for them to experience providing health care needs in real life contexts. Their collaborative efforts have benefited the community
through improved chronic condition management and less utilization of emergency medical services. In recognition of their achievements, IU-SOC has received the 2013 Governor’s Service Award for Service Learning.

IU OT Class of 2014 students, Jana Jordan, Priscilla Hung, Matthew O’Connor and Brittany Vanbastelaer are serving as inaugural committee chairpersons. With their faculty advisor, Sharon Pape MS, OTR, they have volunteered numerous service hours to become familiar with the clinic’s operations. Potential OT services will include patient education for pain management strategies, helping clients create sleep and rest routines, medication self-management training, cognitive testing for safe engagement in occupations and activities, hand rehabilitation and strategies to promote self-management when coping with chronic health conditions. Occupational therapy also is prepared to provide pediatric developmental screenings when the clinic is approved for this population.

We are asking our IU OT alumni for their monetary support and equipment contributions. Donations received will be used to purchase clinic equipment, develop patient education materials and support students’ participation at local, regional and national workshops and presentations. A special foundation account has been established to enable supporters to direct their donations specific for OT’s use at the IU-Student Outreach Clinic. If you are interested in more information about IU-Student Outreach Clinic, please contact Sharon Pape MS, OTR at shbpape@iupui.edu

**IU Student Occupational Therapy Association and Rock Steady Boxing:**

IU Student Occupational Therapy Association (IU-SOTA) is a recognized graduate student organization at IUPUI. IU SOTA prides itself on a commitment to civic engagement (service) to both IUPUI and our local communities. Throughout their two years of graduate study, IU SOTA members have numerous opportunities to volunteer their time and talent to a variety of local organizations and events, and in return, enhance their learning on the impact occupational therapy can provide in their communities. IU SOTA service partnerships include: Special Olympics of Indiana, Children's TherAplay Foundation, Ronald McDonald House and Wheeler Mission.

In spring 2013, IU SOTA established a unique service partnership with Rock Steady Boxing Foundation of Indianapolis, Indiana. Established in 2006, by former Marion County (Indiana) prosecutor, Scott C. Newman, Rock Steady Boxing is a “first of its kind” gym to provide individuals afflicted with Parkinson’s Disease opportunities to participate in effective exercise (non contact boxing) to experience relief of their symptoms and maintain their highest level of independence. The program is open to males and females who are experiencing the variety of neuromuscular changes from the disease process at varying stages including: shuffling gait, diminished coordination and balance and weakened voice ability. Classes are taught by Certified Personal Trainers and participants do not need to have experience with boxing.

IU SOTA provides volunteer services to Rock Steady Boxing twice a month. The students provide hands on assistance and are active participants throughout the sessions; interacting with participants and their family members to provide encouragement and motivation. This service experience provides students valuable perspectives on what it is like to live with Parkinson’s or as a caregiver. The experience also encourages students to share their knowledge about occupational therapy and promote IUPUI in the community. The partnership between IU SOTA and Rock Steady Boxing has provided mutual benefit to all involved and we hope to continue this service activity for many years to come as Rock Steady continues growing and helping individuals with Parkinson’s to improve their quality of life.

Though the lessons are not yet covered by commercial insurance or Medicare, individuals at Rock Steady have shown remarkable progress and many experience a relief of symptoms with only a
few weeks of participation. A recent study by Combs et al. (2011), revealed that people with Parkinson’s enrolled in boxing lessons at Rock Steady Boxing demonstrated short and long term improvement in balance, gait, activities of daily living and quality of life after the boxing training program. For more information about Rock Steady Boxing Foundation, visit their website at [www.rocksteadyboxing.org](http://www.rocksteadyboxing.org).

Reference:

**IUPUI CELEBRATES SENIOR ACADEMY 20TH ANNIVERSARY**

William M. Plater and Carol D. Nathan, Founders of the Academy, September 20, 2013

Launching the Senior Academy in 1993 was simple logic for administrators, staff and faculty who were either retired or about to leave the campus and who wanted to stay involved with campus life.

Nathan said “We knew we wanted an official vehicle for the emeritus faculty to participate and contribute to university business and activities, and to benefit IUPUI with their collective and ongoing institutional knowledge and memory.”

But the group charged with building the academy found that IUPUI was different from other campuses that had established similar emeritus faculty groups on other campuses. Academy founders “realized that IUPUI’s early development had a component other campuses didn’t use: collaboration between faculty and staff,” Nathan said. “IUPUI was founded on a concept of inclusiveness, or it never would have developed as it has.”

**NOTES FROM THE EDITOR**

Horn Blowing Needed
If you have –
- Received an award or been recognized at your clinical facility,
- Been promoted or tenured at your university,
- Earned your master's or doctorate
- Given a presentation or a poster session at the national or state conference, or been honored in any way, or

If you know an OT alum who has, please share with the editor. I will need name, year of graduation, and email address. Thanks for your help!

If it is easier for you to use email* than to complete the “Let Us Hear From You” form, that’s great but please use the form as a model so that you will include all the needed information. Remember to give me specific permission to publish your news in the Newsletter (e.g. “I give permission to print this”), knowing that we never include phone numbers.

LET US HEAR FROM YOU! I will collect your news, pictures, etc. and keep them safe in my “Newsletter Vault” until fall, 2014. Should you know of IU alum that does not receive this Newsletter, have them send me their name, graduation year, and address. And remember: The IU Department of Occupational Therapy will always be your school! Cel Hamant, Editor, chamant@iupui.edu, 317-838-3787

*Note: Email addresses are needed for future communication with alumni. Please send your email address to me.

The Fall, 2012 Newsletter contained two errors; misspellings of the names of: Janet Stine (p8) and Nicole Scheiman (P9)
**LET US HEAR FROM YOU**

<table>
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<tr>
<th>Name _____________________________</th>
<th>Degree received from IU OT Program</th>
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Last name while in OT Program (if different from above) ____________________________________________

Home Address (check if new____) ____________________________________________________________

City_____________________________________________________________State_________Zip_________

Phone __(______)____________________E-Mail_________________________________________________

Present Position: (Let us know where you are working----or if you are retired.)

Title________________________

Facility___________________________________________

Facility Address____________________________________

News to share_____________________________________________________________________________

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_________________________________________________________________________________________

I prefer to receive my Newsletter electronically: Yes _____ No _____ e-mail: __________________

May we publish the above information in the IU OT Alumni Newsletter? Yes _____ No _____

(Phone numbers will not be published.)

Send to:

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